

LIMIETTIJDEN FRIESE WINTER KAMPIOENSCHAPPEN SEIZOEN 2007 - 2008

HEREN	1995	1994	1993	1992	1991	1990	1989
	jongens junioren 1	jongens junioren 2	jongens junioren 3	jongens junioren 4	jongens jeugd 1	jongens jeugd 2	heren senioren 1
100 vlinder	01:21,4	01:17,5	01:14,8	01:12,7	01:12,3	01:11,6	01:10,5
200 vlinder	03:02,2	02:53,7	02:47,7	02:43,0	02:42,0	02:40,6	02:38,3
100 rug	01:20,7	01:17,5	01:15,3	01:13,4	01:12,7	01:12,2	01:10,9
200 rug	02:56,0	02:49,0	02:44,2	02:40,0	02:38,5	02:37,5	02:35,1
100 school	01:31,8	01:27,5	01:24,9	01:22,6	01:22,0	01:21,1	01:19,9
200 school	03:19,0	03:09,8	03:04,0	02:59,0	02:57,6	02:55,8	02:53,0
100 vrij	01:08,4	01:05,9	01:04,1	01:02,3	01:01,5	01:01,1	01:00,3
200 vrij	02:30,3	02:25,7	02:20,9	02:17,0	02:15,0	02:14,3	02:13,0
200 wissel	02:59,5	02:52,9	02:47,5	02:44,0	02:40,0	02:38,9	02:36,4

DAMES	1996	1995	1994	1993	1992	1991
	meisjes junioren 1	meisjes junioren 2	meisjes junioren 3	meisjes jeugd 1	meisjes jeugd 2	dames senioren 1
100 vlinder	01:29,4	01:25,2	01:22,5	01:20,9	01:20,6	01:19,0
200 vlinder	03:18,9	03:09,5	03:03,8	03:00,2	02:59,7	02:56,4
100 rug	01:28,5	01:25,1	01:22,8	01:21,0	01:20,1	01:19,2
200 rug	03:11,0	03:03,0	02:57,9	02:54,3	02:52,4	02:50,1
100 school	01:38,8	01:35,2	01:32,8	01:31,9	01:31,0	01:30,0
200 school	03:32,3	03:24,4	03:19,3	03:17,4	03:15,7	03:13,7
100 vrij	01:16,0	01:13,0	01:11,2	01:09,9	01:09,1	01:08,0
200 vrij	02:45,0	02:38,7	02:34,7	02:31,9	02:30,3	02:28,0
200 wissel	03:14,6	03:06,4	03:01,8	02:58,2	02:56,9	02:54,2