

LIMIETTIDJEN FRIESE WINTER KAMPIOENSCHAPPEN SEIZOEN 2012-2013

HEREN	2000	1999	1998	1997	1995/96	1994
	jongens junioren 1	jongens junioren 2	jongens junioren 3	jongens junioren 4	jongens jeugd 1/2	heren senioren 1
100 vlinder	01:24.00	01:18.00	01:15.00	01:13.00	01:12.50	01:10,00
200 vlinder	03:10.00	02:56.00	02:50.00	02:45,00	02:43,00	02:37.00
100 rug	01:24.00	01:19.00	01:16.00	01:14.00	01:12.50	01:11.00
200 rug	03.05.00	02:53.00	02:48.00	02:43,00	02:41.50	02:36.00
100 school	01:37.00	01:30.00	01:27.00	01:25.00	01:23.50	01:21.00
200 school	03:31.00	03:16.00	03:09,00	03.04,00	03.01.00	02:55,00
100 vrij	01:13.00	01:09.00	01:07.00	01:05.00	01:04.00	01:02.00
200 vrij	02:41.00	02:31.00	02:27.00	02:23,00	02:20.50	02:18,00
200 wissel	03.24.00	03.08.00	03.00.00	02:54,00	02:48.50	02:41.00

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DAMES	2001	2000	1999	1998/97	1996
	meisjes junioren 1	meisjes junioren 2	meisjes junioren 3	meisjes jeugd 1/2	dames senioren 1
100 vlinder	01:35.00	01:28.00	01:25.00	01:23.00	01:19,00
200 vlinder	03:28.00	03:13.00	03:06.00	03:02.50	02:55.00
100 rug	01:35.00	01:29.00	01:27.00	01:24.50	01.20.00
200 rug	03:27.00	03:14.00	03.08.00	03.03.00	02:54.00
100 school	01:46.00	01:40.00	01:37.00	01:35.50	01:32,00
200 school	03:48.00	03:33.00	03:28.00	03:25.00	03:17.00
100 vrij	01:22.00	01:17,00	01:15.00	01:13.00	01:10.00
200 vrij	02:58,00	02:47.00	02.43.00	02:39.00	02:33,00
200 wissel	03:28.00	03:14.00	03:09.00	03.04.50	02:59.00