

Limieten Regionale Zomer en Winterkampioenschappen 2017-2018

HEREN

| HEREN | | Junioren 1 | Junioren 2 | Junioren 3 | Junioren 4 | Jeugd 1/2 | Senioren |
|-------------|----------------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Vrije slag | | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's |
| | 50 m | 33.27 | 30.55 | 29.57 | 27.55 | 27.28 | 25.74 |
| | 100 m | 1.12.85 | 1.06.75 | 1.04.62 | 1.00.72 | 1.00.12 | 57.12 |
| | 200 m | 2.39.64 | 2.26.29 | 2.21.61 | 2.13.06 | 2.11.75 | 2.05.76 |
| | 400 m | 5.39.84 | 5.10.34 | 5.01.50 | 4.42.98 | 4.39.79 | 4.26.82 |
| | 1500 m | 22.41.61 | 20.51.05 | 20.15.43 | 19.01.04 | 18.48.18 | 17.49.81 |
| | | | | | | | |
| Rugslag | | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's |
| | 50 m | 38.08 | 35.20 | 34.05 | 32.24 | 31.89 | 30.37 |
| | 100 m | 1.21.01 | 1.14.88 | 1.12.43 | 1.08.58 | 1.07.84 | 1.05.14 |
| | 200 m | 2.57.05 | 2.42.34 | 2.37.02 | 2.28.64 | 2.27.04 | 2.22.21 |
| | | | | | | | |
| Schoolslag | | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's |
| | 50 m | 42.29 | 39.23 | 37.81 | 35.79 | 35.21 | 33.23 |
| | 100 m | 1.32.32 | 1.25.63 | 1.22.54 | 1.18.13 | 1.16.85 | 1.12.74 |
| | 200 m | 3.19.71 | 3.05.24 | 2.58.52 | 2.49.00 | 2.46.24 | 2.37.85 |
| | | | | | | | |
| Vlinderslag | | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's |
| | 50 m | 37.99 | 34.38 | 32.38 | 30.69 | 30.38 | 28.68 |
| | 100 m | 1.23.93 | 1.15.37 | 1.10.98 | 1.06.97 | 1.06.29 | 1.02.51 |
| | 200 m | 3.08.33 | 2.50.44 | 2.40.51 | 2.34.00 | 2.34.43 | 2.25.47 |
| | | | | | | | |
| Wisselslag | | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's | + 2,5 nivo's |
| | 200 m | 3.00.20 | 2.45.52 | 2.40.01 | 2.29.64 | 2.27.61 | 2.20.89 |
| | 400 m | 6.42.52 | 6.05.95 | 5.53.76 | 5.28.50 | 5.24.05 | 5.07.76 |
| | | | | | | | |
| Estafette | 4 x 100 m vrije slag | | | | | | |
| | 4 x 100 m wisselslag | | | | | | |
| | 4 x 200 m vrije slag | | | | | | |