

Nationale Zwemcompetitie Deel 4  
Oosterwolde, 12-3-2022

Programmanr. 2  
12-3-2022

Meisjes, 4 x 100m vrije slag

Junioren 4 en jonger  
Resultaten

| rang | vereniging           | intijd | tijd           | RT                   |
|------|----------------------|--------|----------------|----------------------|
| 1.   | Zcnf34 1             | NT     | <b>5:17.41</b> |                      |
|      | Femke van Weperen 08 | 40.74  | 1:25.43        | Larissa Hendriks 09  |
|      | Lotte Berghout 09    |        |                | Fardau Cazemier 09   |
| 2.   | Orca 1               | NT     | <b>6:13.85</b> |                      |
|      | Merite de Vos 10     | 43.94  | 1:34.94        | Danique Zimmerman 08 |
|      | Sarah Vellinga 08    |        |                | Sarah Vellinga 08    |

Programmanr. 3  
12-3-2022

Dames, 100m rugslag

Senioren Open  
Resultaten

| rang  | naam                | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |         |
|-------|---------------------|------------|---------|-----------|----------------|-------|---------|---------|
| 1.    | Danique Rootinck    | Zeno       | 1:18.32 | 200402024 | <b>1:14.63</b> | 35.75 | 1:14.63 |         |
| 2.    | Rosalie Baarda      | Orca 1     | 1:13.50 | 199903460 | <b>1:15.01</b> | 35.38 | 1:15.01 |         |
| 3.    | Lianne Bolhuis      | Zeno       | 1:14.20 | 199705656 | <b>1:16.33</b> | 36.91 | 1:16.33 |         |
| 4.    | Miranda Bijzitter   | Zcnf34     | 1:22.73 | 199000298 | <b>1:19.46</b> | FJ 1  | 39.31   | 1:19.46 |
| 5.    | Merlinthe Buurlage  | Zcnf34     | 1:23.49 | 200400626 | <b>1:19.46</b> | FJ 2  | 38.80   | 1:19.46 |
| 6.    | Ellen Jager         | Pwc        | 1:19.11 | 199801384 | <b>1:23.32</b> | 40.16 | 1:23.32 |         |
| 7.    | Barbara Venema      | Orca 1     | 1:21.69 | 200005118 | <b>1:29.09</b> | 42.61 | 1:29.09 |         |
| 8.    | Renske Driessen     | Pwc        | 1:31.32 | 200405636 | <b>1:29.21</b> | 43.67 | 1:29.21 |         |
| 9.    | Laila van den Bosch | Zcnf34     | 1:36.29 | 200402170 | <b>1:29.89</b> | 43.96 | 1:29.89 |         |
| 10.   | Jannine Wijkhuis    | Orca 1     | 1:25.74 | 200205744 | <b>1:29.95</b> | 42.88 | 1:29.95 |         |
| 11.   | Louise Annema       | Orca 1     | 1:30.57 | 200403816 | <b>1:30.28</b> | 44.82 | 1:30.28 |         |
| 12.   | Fiona Hoogland      | Pwc        | NT      | 199706630 | <b>1:34.08</b> | 44.67 | 1:34.08 |         |
| 13.   | Tina José Vrieswijk | Pwc        | 1:38.43 | 200404898 | <b>1:36.68</b> | 48.87 | 1:36.68 |         |
| AFGEM | Elriecke Buurlage   | Zcnf34     | 1:12.42 | 200100524 |                |       |         |         |
| AFGEM | Marre Zandringa     | Orca 1     | 1:06.86 | 199701136 |                |       |         |         |
| AFGEM | Margreet Bosch      | Pwc        | 1:29.56 | 200400470 |                |       |         |         |
| AFGEM | Mirte Drijfhout     | Zeno       | 1:24.92 | 199000912 |                |       |         |         |

Programmanr. 4  
12-3-2022

Heren, 100m rugslag

Senioren Open  
Resultaten

| rang | naam                  | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|------|-----------------------|------------|---------|-----------|----------------|-------|---------|
| 1.   | Auke Jan Ytsma        | Orca 1     | 1:04.44 | 199900905 | <b>1:06.05</b> | 32.10 | 1:06.05 |
| 2.   | Arend Vlasma          | Zcnf34     | 1:13.22 | 200403373 | <b>1:08.84</b> | 33.23 | 1:08.84 |
| 3.   | Michiel Punter        | Orca 1     | 1:01.43 | 198401823 | <b>1:09.60</b> | 33.79 | 1:09.60 |
| 4.   | Bouke van der Zaag    | Pwc        | 1:10.29 | 199602255 | <b>1:10.10</b> | 34.67 | 1:10.10 |
| 5.   | Dirk van der Eems     | Orca 1     | 1:14.23 | 199501565 | <b>1:12.22</b> | 34.71 | 1:12.22 |
| 6.   | Jeffrey van der Sluis | Orca 1     | 1:12.90 | 199704593 | <b>1:12.39</b> | 34.29 | 1:12.39 |
| 7.   | Dimas de Vries        | Orca 1     | 1:13.46 | 200304277 | <b>1:12.89</b> | 35.98 | 1:12.89 |
| 8.   | Jasper van der Bijl   | Orca 1     | 1:17.31 | 200301273 | <b>1:13.84</b> |       | 1:13.84 |
| 9.   | Rutger Hoving         | Pwc        | 1:15.01 | 199503661 | <b>1:14.88</b> | 36.10 | 1:14.88 |
| 10.  | Desmond Drijfhout     | Zeno       | 1:14.03 | 199200285 | <b>1:15.69</b> | 36.88 | 1:15.69 |
| 11.  | Roan Altena           | Pwc        | 1:18.40 | 200303255 | <b>1:15.82</b> | 36.94 | 1:15.82 |
| 12.  | Stefan van der Sluis  | Orca 1     | 1:17.55 | 199805191 | <b>1:16.52</b> | 37.58 | 1:16.52 |
| 13.  | Kevin Postma          | Zcnf34     | NT      | 200302913 | <b>1:17.83</b> | 37.51 | 1:17.83 |
| 14.  | Ger de Haan           | Zcnf34     | NT      | 196901867 | <b>1:21.57</b> | 40.17 | 1:21.57 |
| 15.  | Jeroen Tijsma         | Pwc        | 1:19.50 | 199503655 | <b>1:22.30</b> | 40.36 | 1:22.30 |
| 16.  | Jorn Lubbinge         | Orca 1     | 1:18.80 | 198601947 | <b>1:27.34</b> | 42.50 | 1:27.34 |
| 17.  | Sander de Boer        | Pwc        | 1:28.00 | 198900301 | <b>1:27.38</b> | 42.99 | 1:27.38 |
| DIS  | Xander Huberts        | Zeno       | 1:14.70 | 199800809 |                | 36.31 |         |

*RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.*

|       |              |      |         |           |  |  |  |
|-------|--------------|------|---------|-----------|--|--|--|
| AFGEM | Herman Buist | Pwc  | 1:14.87 | 199801525 |  |  |  |
| AFGEM | Eric Zwiep   | Zeno | 1:14.64 | 199802531 |  |  |  |
| AFGEM | Han Zwiep    | Zeno | 1:10.35 | 199603163 |  |  |  |

Nationale Zwemcompetitie Deel 4  
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Programmanr. 6 Meisjes, 50m vrije slag Jeugd 2 en jonger  
12-3-2022 Resultaten

| rang | naam                  | vereniging | intijd | tijd      | RT           |
|------|-----------------------|------------|--------|-----------|--------------|
| 1.   | Aafke Tassenaar       | Orca 1     | 34.50  | 200503834 | <b>32.85</b> |
| 2.   | Eline Hut             | Zeno       | 35.63  | 200602878 | <b>33.76</b> |
| 3.   | Adinda de Vries       | Orca 1     | 33.73  | 200503590 | <b>34.72</b> |
| 4.   | Rixt Catherina Menzel | Orca 1     | 36.09  | 200602430 | <b>35.03</b> |
| 5.   | Silver Veenstra       | Zcnf34     | 37.48  | 200505372 | <b>35.05</b> |
| 6.   | Femke van Weperen     | Zcnf34     | 37.84  | 200800356 | <b>37.54</b> |

Programmanr. 8 Jongens, 50m vrije slag Jeugd 2 en jonger  
12-3-2022 Resultaten

| rang  | naam               | vereniging | intijd | tijd      | RT           |
|-------|--------------------|------------|--------|-----------|--------------|
| 1.    | Ruben van Veenen   | Zcnf34     | 27.40  | 200400425 | <b>27.04</b> |
| 2.    | Axel Jorn Veenstra | Pwc        | 30.76  | 200500577 | <b>28.29</b> |
| NG.ZA | Joris Kroeze       | Orca 1     | 32.99  | 200502133 |              |
| AFGEM | Niels ten Berg     | Orca 1     | 32.90  | 200403817 |              |

Programmanr. 10 Meisjes, 100m schoolslag Junioren 2 en jonger  
12-3-2022 Resultaten

| rang  | naam                | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|---------------------|------------|---------|-----------|----------------|-------|---------|
| 1.    | Britt Rijnders      | Pwc        | 1:51.06 | 200902248 | <b>1:34.93</b> | 44.69 | 1:34.93 |
| 2.    | Mirthe de Haan      | Zcnf34     | 1:40.86 | 201000866 | <b>1:40.51</b> | 47.01 | 1:40.51 |
| 3.    | Vera van der Veen   | Zeno       | 1:53.77 | 201003074 | <b>1:52.29</b> | 59.96 | 1:52.29 |
| 4.    | Silke van der Ploeg | Orca 1     | 1:51.62 | 201000052 | <b>1:54.51</b> | 53.41 | 1:54.51 |
| 5.    | Merite de Vos       | Orca 1     | 1:59.08 | 201002374 | <b>1:58.79</b> | 57.00 | 1:58.79 |
| 6.    | Silke Smedinga      | Orca 1     | 2:05.45 | 201002234 | <b>2:02.48</b> | 57.35 | 2:02.48 |
| AFGEM | Eva Dijkstra        | Orca 1     | 2:01.93 | 201001652 |                |       |         |
| AFGEM | Marlies Brouwer     | Zeno       | 2:00.03 | 201101152 |                |       |         |

Programmanr. 12 Jongens, 100m schoolslag Junioren 2 en jonger  
12-3-2022 Resultaten

| rang  | naam               | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|--------------------|------------|---------|-----------|----------------|-------|---------|
| 1.    | Sjoerd Jan Fennema | Pwc        | NT      | 200902857 | <b>1:33.80</b> | 44.02 | 1:33.80 |
| 2.    | Wilco Driessen     | Pwc        | 1:43.79 | 200900041 | <b>1:34.43</b> | 43.92 | 1:34.43 |
| 3.    | Tygo van Gangelen  | Zeno       | NT      | 20101001  | <b>1:54.33</b> | 53.15 | 1:54.33 |
| 4.    | Guido Brander      | Zcnf34     | 2:05.84 | 201000625 | <b>1:57.54</b> | 53.99 | 1:57.54 |
| 5.    | Jens Hoekstra      | Orca 1     | 2:08.54 | 200803221 | <b>2:00.71</b> | 56.22 | 2:00.71 |
| AFGEM | Nick Koning        | Zeno       | 2:03.84 | 201002753 |                |       |         |

Programmanr. 13 50m vrije slag Minioren 6 en jonger  
12-3-2022 Resultaten

| rang                          | naam                 | vereniging | intijd  | tijd      | RT           |
|-------------------------------|----------------------|------------|---------|-----------|--------------|
| Minioren 6 en jonger, Jongens |                      |            |         |           |              |
| 1.                            | Timo van de Pavoordt | Orca 1     | 39.68   | 201100205 | <b>38.69</b> |
| 2.                            | Jesse Spoelstra      | Zcnf34     | 1:08.46 | 201101141 | <b>54.08</b> |

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Programmanr. 13, 50m vrije slag

Minioren 4 en 5, Meisjes

|       |                     |        |       |           |              |
|-------|---------------------|--------|-------|-----------|--------------|
| 1.    | Lana Noordenbos     | Orca 1 | 40.11 | 201100958 | <b>38.69</b> |
| 2.    | Jasmijn Berghout    | Zcnf34 | 45.48 | 201100836 | <b>43.78</b> |
| 3.    | Emma Langenberg     | Orca 1 | 48.55 | 201100776 | <b>44.08</b> |
| 4.    | Floor Boer, de      | Zeno   | 50.07 | 201200582 | <b>44.79</b> |
| 5.    | Famke Douma         | Orca 1 | 46.37 | 201100774 | <b>44.90</b> |
| 6.    | Lieke van Huis      | Zcnf34 | 46.11 | 201101184 | <b>46.18</b> |
| 7.    | Yenthe Leistra      | Orca 1 | 52.59 | 201102358 | <b>50.87</b> |
| 8.    | Jeanne van Dinteren | Zcnf34 | NT    | 201102610 | <b>57.76</b> |
| AFGEM | Mariette Brkic      | Orca 1 | 48.96 | 201200912 |              |

Programmanr. 14  
12-3-2022

25m rugslag

Minioren 4 en jonger  
Resultaten

| rang  | naam                  | vereniging | intijd | tijd      | RT           |
|---|-----------------------|------------|--------|-----------|--------------|
| Minioren 4 en jonger, Jongens                                 |                       |            |        |           |              |
| 1.  | Ids Douma             | Orca 1     | 40.34  | 201200155 | <b>25.13</b> |
| DIS   | Thijs Scholtens Ausma | Zcnf34     | 27.55  | 201300039 | <b>24.53</b> |
| <i>AA - Gestart voor het startsignaal (en wel gezwommen).</i> |                       |            |        |           |              |

Minioren 4 en jonger, Meisjes

|    |                 |        |    |           |                   |
|----|-----------------|--------|----|-----------|-------------------|
| 1. | Esmee Tuintjer  | Orca 1 | NT | 201300084 | <b>22.15</b> FJ 1 |
| 2. | Syll Rinsma     | Orca 1 | NT | 201200798 | <b>22.15</b> FJ 2 |
| 3. | Fenna van Huis  | Zcnf34 | NT | 201300674 | <b>27.22</b>      |
| 4. | Welmoed Elzinga | Pwc    | NT | 201201306 | <b>32.49</b>      |

Programmanr. 15  
12-3-2022

Meisjes, 100m vlinderslag

Junioren 4 en jonger  
Resultaten

| rang | naam                 | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|------|----------------------|------------|---------|-----------|----------------|-------|---------|
| 1.   | Sylke Vrieswijk      | Pwc        | 1:31.58 | 200702610 | <b>1:28.47</b> | 41.19 | 1:28.47 |
| 2.   | Fardau Cazemier      | Zcnf34     | 1:35.44 | 200901736 | <b>1:33.04</b> | 43.61 | 1:33.04 |
| 3.   | Lotte Berghout       | Zcnf34     | 1:44.42 | 200901644 | <b>1:39.52</b> | 44.71 | 1:39.52 |
| 4.   | Danique Zimmerman    | Orca 1     | 1:56.95 | 200800768 | <b>1:41.05</b> | 46.43 | 1:41.05 |
| 5.   | Sarah Vellinga       | Orca 1     | 1:57.77 | 200801516 | <b>1:43.79</b> | 47.20 | 1:43.79 |
| 6.   | Stella Lusan Hooisma | Pwc        | 1:57.16 | 200801888 | <b>1:45.53</b> | 47.38 | 1:45.53 |
| 7.   | Larissa Hendriks     | Zcnf34     | 1:43.76 | 200900022 | <b>1:49.18</b> | 49.85 | 1:49.18 |
| 8.   | Marit Oskam          | Zeno       | NT      | 200802892 | <b>1:51.68</b> | 51.08 | 1:51.68 |

Programmanr. 16  
12-3-2022

Jongens, 100m vlinderslag

Junioren 4 en jonger  
Resultaten

| rang | naam             | vereniging | intijd | tijd      | RT             | 50m   | 100m    |
|------|------------------|------------|--------|-----------|----------------|-------|---------|
| 1.   | Jorrit van Dalen | Orca 1     | NT     | 200603279 | <b>1:23.17</b> | 36.73 | 1:23.17 |
| 2.   | Elmar Altena     | Pwc        | NT     | 200601919 | <b>1:47.57</b> | 45.44 | 1:47.57 |

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Programmanr. 17  
12-3-2022

Dames, 50m vlinderslag

Senioren Open  
Resultaten

| rang  | naam                | vereniging | intijd |           | tijd         | RT |
|-------|---------------------|------------|--------|-----------|--------------|----|
| 1.    | Elriecke Buurlage   | Zcnf34     | 33.88  | 200100524 | <b>33.23</b> |    |
| 2.    | Lianne Bolhuis      | Zeno       | 32.07  | 199705656 | <b>34.02</b> |    |
| 3.    | Rosalie Baarda      | Orca 1     | 33.78  | 199903460 | <b>34.13</b> |    |
| 4.    | Danique Rootinck    | Zeno       | 33.97  | 200402024 | <b>35.29</b> |    |
| 5.    | Renske Driessen     | Pwc        | 36.02  | 200405636 | <b>36.33</b> |    |
| 6.    | Jannine Wijkhuis    | Orca 1     | 34.16  | 200205744 | <b>36.50</b> |    |
| 7.    | Ellen Jager         | Pwc        | 34.33  | 199801384 | <b>36.70</b> |    |
| 8.    | Merinthe Buurlage   | Zcnf34     | 37.78  | 200400626 | <b>37.01</b> |    |
| 9.    | Miranda Bijzitter   | Zcnf34     | 37.04  | 199000298 | <b>38.42</b> |    |
| 10.   | Louise Annema       | Orca 1     | 43.52  | 200403816 | <b>41.33</b> |    |
| 11.   | Barbara Venema      | Orca 1     | 37.38  | 200005118 | <b>41.36</b> |    |
| 12.   | Laila van den Bosch | Zcnf34     | 42.16  | 200402170 | <b>42.84</b> |    |
| 13.   | Tina José Vrieswijk | Pwc        | NT     | 200404898 | <b>42.91</b> |    |
| 14.   | Fiona Hoogland      | Pwc        | 47.32  | 199706630 | <b>47.29</b> |    |
| AFGEM | Marre Zandringa     | Orca 1     | 30.80  | 199701136 |              |    |
| AFGEM | Margreet Bosch      | Pwc        | 39.84  | 200400470 |              |    |
| AFGEM | Mirte Drijfhout     | Zeno       | 35.26  | 199000912 |              |    |

Programmanr. 18  
12-3-2022

Heren, 50m vlinderslag

Senioren Open  
Resultaten

| rang  | naam                  | vereniging | intijd |           | tijd         | RT |
|-------|-----------------------|------------|--------|-----------|--------------|----|
| 1.    | Auke Jan Ytsma        | Orca 1     | 27.93  | 199900905 | <b>28.82</b> |    |
| 2.    | Michiel Punter        | Orca 1     | 25.92  | 198401823 | <b>29.25</b> |    |
| 3.    | Arend Vlasma          | Zcnf34     | 31.10  | 200403373 | <b>29.44</b> |    |
| 4.    | Dirk van der Eems     | Orca 1     | 30.37  | 199501565 | <b>29.60</b> |    |
| 5.    | Desmond Drijfhout     | Zeno       | 28.35  | 199200285 | <b>29.75</b> |    |
| 6.    | Bouke van der Zaag    | Pwc        | 29.25  | 199602255 | <b>29.85</b> |    |
| 7.    | Rutger Hoving         | Pwc        | 29.40  | 199503661 | <b>30.14</b> |    |
| 8.    | Jeffrey van der Sluis | Orca 1     | 29.69  | 199704593 | <b>30.44</b> |    |
| 9.    | Dimas de Vries        | Orca 1     | 30.86  | 200304277 | <b>30.97</b> |    |
| 10.   | Jasper van der Bijl   | Orca 1     | 32.51  | 200301273 | <b>31.79</b> |    |
| 11.   | Stefan van der Sluis  | Orca 1     | 31.14  | 199805191 | <b>32.53</b> |    |
| 12.   | Ger de Haan           | Zcnf34     | 35.33  | 196901867 | <b>32.69</b> |    |
| 13.   | Roan Altena           | Pwc        | 32.56  | 200303255 | <b>32.79</b> |    |
| 14.   | Jorn Lubbinge         | Orca 1     | 31.91  | 198601947 | <b>33.30</b> |    |
| 15.   | Sander de Boer        | Pwc        | 31.89  | 198900301 | <b>33.75</b> |    |
| 16.   | Xander Huberts        | Zeno       | 32.70  | 199800809 | <b>33.79</b> |    |
| 17.   | Jeroen Tijsma         | Pwc        | 33.69  | 199503655 | <b>34.80</b> |    |
| 18.   | Kevin Postma          | Zcnf34     | 35.17  | 200302913 | <b>35.83</b> |    |
| AFGEM | Herman Buist          | Pwc        | 29.28  | 199801525 |              |    |
| AFGEM | Eric Zwiep            | Zeno       | 32.07  | 199802531 |              |    |
| AFGEM | Han Zwiep             | Zeno       | 30.46  | 199603163 |              |    |

Programmanr. 20  
12-3-2022

Meisjes, 100m rugslag

Jeugd 2 en jonger  
Resultaten

| rang | naam                  | vereniging | intijd  |           | tijd           | RT | 50m   | 100m    |
|------|-----------------------|------------|---------|-----------|----------------|----|-------|---------|
| 1.   | Aafke Tassenaar       | Orca 1     | 1:37.80 | 200503834 | <b>1:25.25</b> |    | 41.73 | 1:25.25 |
| 2.   | Silver Veenstra       | Zcnf34     | 1:53.20 | 200505372 | <b>1:29.45</b> |    | 43.31 | 1:29.45 |
| 3.   | Eline Hut             | Zeno       | 1:38.43 | 200602878 | <b>1:30.26</b> |    | 45.09 | 1:30.26 |
| 4.   | Femke van Weperen     | Zcnf34     | 1:43.14 | 200800356 | <b>1:32.43</b> |    | 46.46 | 1:32.43 |
| 5.   | Adinda de Vries       | Orca 1     | 1:37.11 | 200503590 | <b>1:32.97</b> |    | 45.47 | 1:32.97 |
| 6.   | Rixt Catherina Menzel | Orca 1     | 1:41.63 | 200602430 | <b>1:33.17</b> |    | 44.87 | 1:33.17 |

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Programmanr. 22  
12-3-2022

Jongens, 100m rugslag

Jeugd 2 en jonger  
Resultaten

| rang  | naam              | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|-------------------|------------|---------|-----------|----------------|-------|---------|
| 1.    | Ruben van Veenen  | Zcnf34     | 1:14.71 | 200400425 | <b>1:11.40</b> | 34.34 | 1:11.40 |
| 2.    | Axel Jom Veenstra | Pwc        | 1:24.56 | 200500577 | <b>1:13.86</b> | 36.57 | 1:13.86 |
| NG.ZA | Joris Kroeze      | Orca 1     | 1:51.18 | 200502133 |                |       |         |
| AFGEM | Niels ten Berg    | Orca 1     | 1:28.81 | 200403817 |                |       |         |

Programmanr. 24  
12-3-2022

Meisjes, 50m rugslag

Junioren 2 en jonger  
Resultaten

| rang  | naam                | vereniging | intijd | tijd      | RT           |
|-------|---------------------|------------|--------|-----------|--------------|
| 1.    | Mirthe de Haan      | Zcnf34     | 42.11  | 201000866 | <b>39.62</b> |
| 2.    | Britt Rijnders      | Pwc        | 43.28  | 200902248 | <b>40.18</b> |
| 3.    | Vera van der Veen   | Zeno       | 52.02  | 201003074 | <b>44.22</b> |
| 4.    | Silke van der Ploeg | Orca 1     | 46.34  | 201000052 | <b>44.84</b> |
| 5.    | Merite de Vos       | Orca 1     | 52.70  | 201002374 | <b>50.38</b> |
| 6.    | Silke Smedinga      | Orca 1     | 56.92  | 201002234 | <b>58.89</b> |
| AFGEM | Eva Dijkstra        | Orca 1     | 49.97  | 201001652 |              |
| AFGEM | Marlies Brouwer     | Zeno       | 56.52  | 201101152 |              |

Programmanr. 26  
12-3-2022

Jongens, 50m rugslag

Junioren 2 en jonger  
Resultaten

| rang  | naam               | vereniging | intijd  | tijd      | RT           |
|-------|--------------------|------------|---------|-----------|--------------|
| 1.    | Wilco Driessen     | Pwc        | 41.34   | 200900041 | <b>36.92</b> |
| 2.    | Sjoerd Jan Fennema | Pwc        | 46.18   | 200902857 | <b>39.51</b> |
| 3.    | Guido Brander      | Zcnf34     | 43.80   | 201000625 | <b>43.78</b> |
| 4.    | Tygo van Gangelen  | Zeno       | 1:08.36 | 20101001  | <b>48.94</b> |
| 5.    | Jens Hoekstra      | Orca 1     | 1:04.81 | 200803221 | <b>50.87</b> |
| AFGEM | Nick Koning        | Zeno       | 54.40   | 201002753 |              |

Programmanr. 27  
12-3-2022

100m schoolslag

Minioren 6 en jonger  
Resultaten

| rang                          | naam                 | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|-------------------------------|----------------------|------------|---------|-----------|----------------|-------|---------|
| Minioren 6 en jonger, Jongens |                      |            |         |           |                |       |         |
| 1.                            | Timo van de Pavoordt | Orca 1     | 1:56.09 | 201100205 | <b>1:50.42</b> | 52.87 | 1:50.42 |
| 2.                            | Jesse Spoelstra      | Zcnf34     | 2:12.57 | 201101141 | <b>2:04.70</b> | 59.25 | 2:04.70 |

Minioren 4 en 5, Meisjes

|  |                     |        |         |           |                |         |         |
|--|---------------------|--------|---------|-----------|----------------|---------|---------|
| 1.   | Lana Noordenbos     | Orca 1 | 2:05.28 | 201100958 | <b>2:02.31</b> | 57.34   | 2:02.31 |
| 2.   | Emma Langenberg     | Orca 1 | 2:02.37 | 201100776 | <b>2:02.84</b> | 54.43   | 2:02.84 |
| 3.   | Famke Douma         | Orca 1 | 2:04.31 | 201100774 | <b>2:03.26</b> | 59.64   | 2:03.26 |
| 4.   | Yenthe Leistra      | Orca 1 | 2:03.29 | 201102358 | <b>2:03.90</b> | 57.99   | 2:03.90 |
| 5.   | Floor Boer, de      | Zeno   | 2:23.71 | 201200582 | <b>2:05.90</b> | 58.50   | 2:05.90 |
| 6.   | Jasmijn Berghout    | Zcnf34 | NT      | 201100836 | <b>2:11.81</b> | 1:03.17 | 2:11.81 |
| 7.   | Jeanne van Dinteren | Zcnf34 | NT      | 201102610 | <b>2:15.90</b> | 1:04.22 | 2:15.90 |
| DIS  | Lieke van Huis      | Zcnf34 | 2:05.44 | 201101184 |                |         |         |
| AA - Gestart voor het startsignaal (en wel gezwommen). |                     |        |         |           |                |         |         |
| AFGEM  | Mariette Brkic      | Orca 1 | 2:20.77 | 201200912 |                |         |         |

Nationale Zwemcompetitie Deel 4  
Oosterwolde, 12-3-2022

Programmanr. 28  
12-3-2022

50m vlinderslag

Minioren 4 en jonger  
Resultaten

| rang                                 | naam           | vereniging | intijd  | tijd      | RT             |
|--------------------------------------|----------------|------------|---------|-----------|----------------|
| <b>Minioren 4 en jonger, Jongens</b> |                |            |         |           |                |
| 1.                                   | Ids Douma      | Orca 1     | 1:20.99 | 201200155 | <b>1:10.19</b> |
| <b>Minioren 4 en jonger, Meisjes</b> |                |            |         |           |                |
| 1.                                   | Syll Rinsma    | Orca 1     | NT      | 201200798 | <b>55.11</b>   |
| 2.                                   | Esmee Tuintjer | Orca 1     | 58.06   | 201300084 | <b>56.66</b>   |

Programmanr. 30  
12-3-2022

Meisjes, 100m wisselslag

Junioren 4 en jonger  
Resultaten

| rang  | naam                 | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|---|----------------------|------------|---------|-----------|----------------|-------|---------|
| 1.  | Fardau Cazemier      | Zcnf34     | 1:29.43 | 200901736 | <b>1:27.61</b> |       | 1:27.61 |
| 2.  | Lotte Berghout       | Zcnf34     | 1:36.82 | 200901644 | <b>1:29.70</b> | 41.56 | 1:29.70 |
| 3.  | Larissa Hendriks     | Zcnf34     | 1:27.69 | 200900022 | <b>1:29.87</b> | 42.69 | 1:29.87 |
| 4.  | Danique Zimmerman    | Orca 1     | 1:30.72 | 200800768 | <b>1:30.68</b> |       | 1:30.68 |
| 5.  | Sylke Vrieswijk      | Pwc        | 1:30.93 | 200702610 | <b>1:31.14</b> |       | 1:31.14 |
| 6.  | Sarah Vellinga       | Orca 1     | 1:34.51 | 200801516 | <b>1:34.32</b> | 44.50 | 1:34.32 |
| 7.  | Stella Lusan Hooisma | Pwc        | 1:38.87 | 200801888 | <b>1:36.02</b> |       | 1:36.02 |
| DIS   | Marit Oskam          | Zeno       | 1:48.51 | 200802892 |                |       |         |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                      |            |         |           |                |       |         |

Programmanr. 32  
12-3-2022

Jongens, 100m wisselslag

Junioren 4 en jonger  
Resultaten

| rang  | naam             | vereniging | intijd  | tijd      | RT             | 50m   | 100m    |
|---|------------------|------------|---------|-----------|----------------|-------|---------|
| 1.  | Jorrit van Dalen | Orca 1     | 1:34.62 | 200603279 | <b>1:16.83</b> | 34.62 | 1:16.83 |
| DIS   | Elmar Altena     | Pwc        | 1:44.06 | 200601919 |                |       |         |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                  |            |         |           |                |       |         |

Programmanr. 33  
12-3-2022

Dames, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang | vereniging                        | intijd | tijd           | RT                                     |
|------|-----------------------------------|--------|----------------|--|
| 1.   | Zcnf34 1                          | NT     | <b>4:55.07</b> |  |
|      | Merinthe Buurlage                 | 04     | 37.64          | 1:16.76                                |
|      | Laila van den Bosch               | 04     |                | Miranda Bijzitter<br>Elriecke Buurlage |
|      |                                   |        |                | 90<br>01                               |
| 2.   | Zeno 1                            | Zeno   | 4:49.25        | <b>4:57.03</b>                         |
|      | Lianne Bolhuis                    | 97     | 32.78          | 1:08.15                                |
|      | Danique Rootinck                  | 04     |                | Marit Oskam<br>Eline Hut               |
|      |                                   |        |                | 08<br>06                               |
| 3.   | Orca 1                            | Orca 1 | NT             | <b>5:03.32</b>                         |
|      | Barbara Venema                    | 00     | 36.45          | 1:17.82                                |
|      | Jannine Wijkhuis                  | 02     |                | Rosalie Baarda<br>Danique Zimmerman    |
|      |                                   |        |                | 99<br>08                               |
| 4.   | PWC Buitenpost 1                  | Pwc    | 4:52.50        | <b>5:19.46</b>                         |
|      | Renske Driessen                   | 04     | 35.49          | 1:14.89                                |
|      | Fiona Hoogland                    | 97     |                | Tina José Vrieswijk<br>Ellen Jager     |
|      |                                   |        |                | 04<br>98                               |
| DIS  | Orca 2                            | Orca 1 | NT             |  |
|      | <i>EA - Te vroeg overgenomen.</i> |        |                |  |
|      | Louise Annema                     | 04     | 37.20          | 1:19.67                                |
|      | Rixt Catherina Menzel             | 06     |                | Adinda de Vries<br>Aafke Tassenaar     |
|      |                                   |        |                | 05<br>05                               |

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Programmanr. 34  
12-3-2022

Heren, 4 x 50m wisselslag

Senioren Open  
Resultaten

| rang  | vereniging              | intijd  | tijd                     | RT |
|-------|-------------------------|---------|--------------------------|----|
| 1.    | Orca 1                  | NT      | <b>2:00.21</b>           |    |
|       | Auke Jan Ytsma 99       | 30.68   | Jeffrey van der Sluis 97 |    |
|       | Dirk van der Eems 95    |         | Michiel Punter 84        |    |
| 2.    | Pwc                     | 2:02.06 | <b>2:08.09</b>           |    |
|       | Bouke van der Zaag 96   | 32.59   | Rutger Hoving 95         |    |
|       | Roan Altena 03          |         | Sander de Boer 89        |    |
| 3.    | Zcnf34 1                | NT      | <b>2:10.97</b>           |    |
|       | Ger de Haan 69          | 37.44   | Ruben van Veenen 04      |    |
|       | Kevin Postma 03         |         | Arend Vlasma 04          |    |
| 4.    | Orca 2                  | NT      | <b>2:11.10</b>           |    |
|       | Stefan van der Sluis 98 | 35.36   | Jorn Lubbinge 86         |    |
|       | Dimas de Vries 03       |         | Jasper van der Bijl 03   |    |
| AFGEM | Orca 3                  | NT      |                          |    |
| AFGEM | Zeno 1                  | 2:03.61 |                          |    |